



Retired and Senior Volunteer Program Center of Essex & Hudson Counties  
Hudson County Office:  
c/o United Way of Hudson County  
857 Bergen Ave Jersey City, NJ 07306  
Tel: 201-526-9706  
[www.jfsmetrowest.org/RSVP](http://www.jfsmetrowest.org/RSVP)

## RSVP Center of Essex and Hudson Counties: Hudson County Volunteer Stations

**Angela Cares** – Volunteers can provide support to office staff in the following areas: event planning, fund raising, food drives, grant writing, as well as other professional areas. Volunteers can also participate in their senior programs: Adopt-A-Grand Friend, Youth Volunteer Workshop, J.O.Y.S, and Here4Seniors.

**Bayonne Economic Opportunity Foundation** – Volunteers will assist in delivering meals to home bound seniors in Bayonne.

**Bayonne Medical Center** – Volunteers will assist in providing direction to patient's room to visiting family members; read and distribute newspapers and educational materials about health and wellness.

**Better Tomorrows** - The Better Tomorrows impact-driven social service model is aimed at fostering economic stability, educational success, healthy lifestyles and strong communities. By providing a continuum of direct support to affordable housing residents and the neighboring communities, Better Tomorrows' place-based programming and case management build safe and nurturing environments and uplift youth, adults, families, and seniors.

**Bike JC** – Volunteer at the annual ward tour of Jersey City by registering cyclists, handing out number bibs, setting up tables, and monitoring the cyclists throughout the bike tour. Volunteers will also attend events throughout the spring time to promote Bike JC, educate the community about cyclist rights and the accomplishments of Bike JC, and the ward tour.

**Grace Van Vorst Church** – Volunteers will assist in the breakfast program, the book store, and various other programs.

**HOPES, Inc.** – Volunteers will be working with teachers in the Head Start Program with daily activities such as reading, singing, art projects, etc.

**Hudson CASA** – Volunteers will advocate on behalf of a child placed in the foster care system within the Hudson County Court System.

**Hudson County Superior Court Building** – Volunteers will have the opportunity to choose from 5 different programs that ranges from working with children and their families alongside the Hudson County Superior Judge to supervising visitations with non-custodial parents.

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**Jersey City Medical Center** – Volunteers will be providing support to clinical and non-clinical areas of the hospital. Volunteers may be placed throughout the Jersey City area as JCMC has several different programs. Volunteers may also provide services to patients and their families through their guest representative and mother-baby programs.

**Jersey City Parks Coalition** – Volunteers will assist with the distribution of bulbs in their annual drive in the neighborhoods of Jersey City.

**Liberty Science Center** – Volunteers will be placed throughout the Center's exhibition and explaining the exhibit to young children and their families. This position requires being on your feet for 4 hours which includes a 30 minute break and a commitment of 120 hours.

**Lutheran Senior Life** – Volunteers will visit and provide companionship to homebound seniors throughout the Jersey City area.

**Morris Canal CDC** – Volunteers will teach children, families, and adults the importance of growing fresh fruits and vegetables through gardening. Volunteers will show how to plant from seeds to seedlings, weed and tend a garden. The fresh fruits and vegetables will then be distributed to low-income families in the neighborhood.

**Meadowlink/EZ Ride** – This program provides transportation to seniors at a low cost to Hudson County residents. Volunteers will be given a car to drive them to and from their appointments.

**New Jersey Blood Services** – Volunteers are needed at mobile blood drives to register donors, explain the process, watch for post donation reactions and assist at the sign up tables.

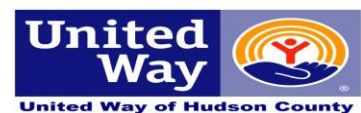
**Palisades Medical Center** – Volunteers will assist with Patient Care by running errands for patients, helping with meals, delivering flowers or assisting the unit secretary with paperwork. Bilingual is a benefit.

**Reading Bridge Program** – Volunteers will read to the same small groups of students each week throughout the school year using a read aloud format that supplements the school's regular curriculum.

**Rev. Dr. E. Webb Elementary School, PS #22** – Volunteers will read and engage elementary students to increase their passion for literature on a bi-monthly basis. Volunteers are required to complete a background check.

**Secaucus Senior Centre** – Volunteers will assist the Centre with daily programs for Seniors such as their Sewing Circle, Knitting Circle, Bingo and other daily events. The Centre also runs a Friendly Visiting program where a volunteer can visit a homebound senior in their community.

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**United Way of Hudson County** – Volunteers will provide mentoring to seniors and help coordinate UW volunteers.

**To apply for any of these positions or inquire about others, please call the RSVP Manager Alexandra Nagy at 201-526-9706 or email her at [anagy@jfsmetrowest.org](mailto:anagy@jfsmetrowest.org).**

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